

Almond Riding Club of West Lothian

Club Day

Showjumping Dressage Training & Competition (towards 2010 Points)



Physical Feng Shui workshop with Pauline Kidd

Sunday 7th November 2010 starting 9am
at SNEC, Ecclesmachan

TRAINING

Starting 9am

Showjumping training with Leona Urquhart -

All levels welcome from first attempts at jumping to those out competing regularly.

Also squad training / viewing for those looking to represent Almond at Winter qualifiers.

Lessons - 1 hour groups of 4 max

£20

Dressage training with Linda Penman - flatwork lessons to improve your horses way of going. Or practise any dressage test and improve your arena craft to gain higher marks.

Squad training / viewing for those looking to represent Almond at Winter qualifiers.

Lessons - 45mins 3 horses max

£20

Lunch - break

Kiosk will be open from 10 - 3pm or bring pack lunch and enjoy a chat with other club members.

From 12 noon

Rider Rebalancing workshop 1 to 1 mounted sessions

with Pauline Kidd and Linda Penman

for more details about Physical Feng Shui - see website www.paulinekidd.com

30min mounted 1 to 1 session with Pauline who will reprogram your body awareness to improve balance and free body of tension to release muscle groups and improve your ability to ride in harmony with your horse.

Then immediately move on to 30min flatwork lesson with Linda to get the best from your horse. Feel the difference!!!! Spaces will be limited **£40**

Almond Riding Club of West Lothian

Showjumping & Dressage Competitions

Sunday 7th November 2010 starting approx 1pm at SNEC

DRESSAGE

Afternoon - Dressage Competitions. Starting approx 1pm approx

**** Informal but smart dress** – no show jackets required !! – cream jods and sweatshirt will do.

Class 1 - BD intro B (2009) - genuine novice riders to get started.

Class 2 - Prelim 1 (2006) - open to all junior and senior riders

Class 3 - Prelim 18 (2002) - open to all junior and senior riders

Class 4 - Novice 24 (2010) - open to all junior and senior riders

Riders in class 4 may not ride in classes 1 & 2

Class 5 - Elementary 45 (2010) - open to all junior and seniors

Riders in class 5 or 6 may not ride in classes 1,2 or 3

Class 6 - Medium 61 (2002)- open to all junior and seniors

**** All entries must be pre-booked and pre-paid ****

SHOW JUMPING – will start by 2 pm at the latest

Class 7 - Clear Round / Schooling round maximum height 55cm entry fee mem £7

Rosettes to all clear rounds

Class 8 – SJ - Novice max height 65cm mem £9

Rosettes 1st – 6th place

Class 9 – SJ - Intermediate max height 80cm mem £9

Rosettes 1st – 6th place

Class 10 – SJ - Small Open max height 95cm mem £9

Rosettes 1st – 6th place

Class 11 – SJ Open max height 1.05m mem £9

Rosettes 1st – 6th place

**** All entries must be pre-booked and pre-paid ****

Almond Riding Club of West Lothian

Show Jumping & Dressage Competition

Sunday 7th November 2010 starting approx 1pm at SNEC

Entries by post - All Jumping, dressage and training entrants to prebook

Linda Penman (Almond Club Day – Nov),
West Broadlaw Farm, by Dechmont, West Lothian EH52 6NB
mob 07803 927 975

Priority will be given to Almond RC members - non members will be placed on waiting list and may be accepted if spaces allow .

Entries close - Monday 1st Nov 2010 (no refunds given after this date).

Times available -Thursday 4th November 2010 8pm - 9pm on 07803 927 975
or on website www.almondridingclub.org.uk

**** Refreshments will be available Kiosk open 10 - 3pm ****

**** Hard hats with 3 point harness must be worn at all times when riding.****
All dogs must be kept on leads at all times.

Refunds -

Entries withdrawn before or on the closing date for any competition will be given a full refund.

No refunds of any competition entry fees will be given after the closing date as times for classes and all paperwork has been completed.

Training entry fees may be refunded if lesson spaces can be filled from any waiting list.

Multi horse entries -

If classes are oversubscribed riders will be limited to 1 horse per class.

Entry fees -

Dressage and Show Jumping

members £9 per class

non-members £12 per class

Training members £20 per session

non- members £25 per session

Workshop members £40

non-members £45

All cheques made payable to - **Almond Riding Club.**

